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**I want to  
improve my  
digital  
skills...**

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# Engage in digital work, study, and research more effectively and confidently



## Skills Health Check



[skills.it.ox.ac.uk/develop-digital-skills](https://skills.it.ox.ac.uk/develop-digital-skills)

Assess your skills with a free 30-minute digital skills health check. Take the assessment any time that suits you and prioritise the skills to focus on.



## Courses and Resources



[skills.it.ox.ac.uk/whats-on/](https://skills.it.ox.ac.uk/whats-on/)

Choose between in-person and online courses or self-service resources to fit your schedule and your learning style.