



The small print

Prerequisites

Time in the workshop is precious – it is an opportunity for you to interact with the workshop leader and other participants through questions and discussions and to share your experiences and concerns. To make the most of this time we sometimes ask you to carry out learning activities ahead of the workshop so that everyone comes into the class with the same basic knowledge. We keep this prior learning to a minimum and often make use of online videos. Online videos provided through LinkedIn Learning can be accessed free of charge by University members anytime, anywhere, through a browser or app.

Your course booking will tell you if any prior learning activity is required. If you don't have an environment where you can do this learning, you can come along to one of our LinkedIn Learning sessions. These are a quiet space where you can work through videos or other workshop resources.

If you arrive for a workshop without having done the prior learning, the workshop leader may suggest that you come back on another session.

Copyright

This version of the course materials is adapted from teaching slides and handbook created by Kerstin Frie and subsequently edited by Rachel Pechey. Jacqueline Murphy updated the teaching slides (text edits and screenshots of the latest version of SPSS) and revised the handbook structure.

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About the workshop designer

Jacqueline has expertise using SPSS, R and Stata software for statistical analysis, and has been working in quantitative medical research since 2010, including as a researcher and statistician for University of Oxford and Queen Mary University, London. Jacqueline has previously been a teaching assistant (demonstrator) in statistics for MSc level courses alongside her work in Oxford and is an Associate Fellow of the Higher Education Academy.

Revision history

Version	Date	Author	Comments
1.0	2019	Kerstin Frie	Created original teaching slides
2.0	2020/21	Rachel Pechey	Edited teaching slides and handbook
3.0	October 2022	Jacqueline Murphy	Revised handbook structure and edited teaching slides (text edits and updated SPSS screenshots)

About this workshop

SPSS is a statistics and data analysis program. This course aims to provide participants with the skills to handle data and perform statistical analyses using SPSS. The course is at beginner level and is aimed at researchers and others who want to use intuitive and flexible statistical software that does not require writing code.

What you will learn

During the course, we will look at the SPSS interface (including output file vs data file; variable view vs data view; how to create a variable, define a variable, add data).

You will learn to organise your data well in SPSS, sorting and selecting, managing duplicates and case, and controlling variables. With descriptive analysis, you will use frequencies, custom tables and graphs. SPSS offers tools for performing and interpreting tests for associations (bivariate and partial correlations and regressions) and tests for means and variances (t-tests and ANOVAs).

The emphasis is on using SPSS to perform statistical analyses, rather than teaching statistical theory. Further resources for learning statistical analysis using SPSS will be signposted in the course slides.

What you need to know

Prerequisites for the course: A basic understanding of statistical concepts (such as mean, median, standard deviation, p-value) is expected.

If you need to review this knowledge, LinkedIn Learning is a great place to get guidance. There is an activity with relevant videos in the IT Learning Portfolio: visit <u>skills.it.ox.ac.uk/it-learning-portfolio</u> and select or search for "SPSS".

The resources you need

The computer, software, and course data files are provided. For participants using the IT Learning Centre devices the course files will be made available directly on the computers before you arrive.

Alternatively, you can bring your own with the latest version of the SPSS software already installed (read our guidance first). You will need to be able to copy the provided data files from the classroom computers onto your own device (i.e. using a USB memory stick). There will be limited time for troubleshooting technical (e.g. installation) problems with personal devices during the course so you are advised to use the classroom computers unless you are familiar with setting up statistical software on your own device.

Course Objectives

This workshop has the following objectives which will be addressed through teacher-led demonstrations, exercises for participants to complete, and a take-home course handbook:

Objective One: Be familiar with the layout and structure of SPSS

Objective Two: Organise data in SPSS

Objective Three: Become familiar with SPSS outputs for a range of statistical tests

Objective Four: Become familiar with SPSS outputs for a range of statistical tests

Further information

Getting extra help

The IT Learning Centre offers bookable clinics where you can get pre- or post-course advice. Contact us using <u>courses@it.ox.ac.uk</u>.

Study Videos from LinkedIn Learning

On our website, you will find our collection of self-service courses and resources. This includes providing LinkedIn Learning video-based courses free to all members of the University. Visit <u>skills.it.ox.ac.uk/linkedin-learning</u> and sign in with your Single Sign-On (SSO) credentials.

Some courses recommend pre- and/or post-course activities to support your learning. You can watch the online videos anywhere, anytime, and even download them onto a tablet or smartphone for off-line viewing.

About the IT Learning Portfolio online

Many of the resources used in the IT Learning Centre courses and workshops are made available as Open Educational Resources (OER) via our Portfolio website at <u>skills.it.ox.ac.uk/it-learning-portfolio</u> and select or search for "SPSS".

Find the pre-course activity for this course in the IT Learning Portfolio: visit <u>skills.it.ox.ac.uk/it-learning-portfolio</u> and select or search for "SPSS".

A copy of the SPSS data sets used during the course is provided at: <u>https://skills.web.ox.ac.uk/spss-up-and-running-for-academic-research-course-pack</u>

About the IT Learning Centre

The IT Learning Centre delivers over 100 IT-related teacher-led courses, which are provided in our teaching rooms and online, and we give you access to thousands of on-line self-service courses through LinkedIn Learning.

Our team of teachers have backgrounds in academia, research, business and education and are supported by other experts from around the University and beyond.

Our courses are open to all members of the University at a small charge. Where resources allow, we can deliver private courses to departments and colleges, which can be more cost-effective than signing up individually. We can also customize courses to suit your needs.

Our fully equipped suite of seven teaching and training rooms are usually available for hire for your own events and courses.

For more information, contact us at courses@it.ox.ac.uk.

About IT Customer Services

The IT Learning Centre is part of the Customer Services Group. The group provides the main user support services for the department, assisting all staff and students within the University as well as retired staff and other users of University IT services. It supports all the services offered by IT Services plus general IT support queries from any user, working in collaboration with local IT support units.

The Customer Services Group also offers a data back-up service; an online shop; and a computer maintenance scheme. Customer Services is further responsible for desktop computing services – for staff and in public/shared areas – throughout UAS and the Bodleian Libraries.

SPSS: Up and running for academic research

Jacqueline Murphy

With thanks to Kerstin Frie and Rachel Pechey





Structure of this Course

- The course is structured around a series of Research Questions (RQs)
- In-person sessions:
 - Instructor-led demonstrations
 - Give-it-a-go exercises with trouble-shooting help
- Handbook:
 - Contains all computing steps for the demonstrations and exercises
 - Glossary of statistical concepts

https://skills.web.ox.ac.uk/spss-up-and-running-for-academic-research-course-pack

Research Questions	Organising Data	Descriptive Analysis	Graphing	Simple Stats	Associations	ANOVA	Output Usage
RQ1: Frequency sweet vs savoury breakfast	Compute variables Recode variables		Bar chart				
RQ2: Units breakfast	Compute variables	Descriptives		One-sample t-test			
RQ3: Effect of food types on satiety				Paired-samples t-test			
RQ4: Differences in height by gender	Compute variables			Independent-samples t-test			
RQ5: Relationship age and height	Splitting files		Scatterplot		Bivariate correlation		
RQ 6: Relationship general pain and age, controlled for health			Pie chart		Partial correlation		
RQ 7: Reaction time to emotional facial expressions	Sorting cases Selecting cases	Frequencies	Boxplot		Linear regression		
RQ 8: Effect of supermarket promotion on sales	Duplicate cases					One-way ANOVA	
RQ 9: Effect of new pain treatment		Custom Tables				Two-way ANOVA	Formatting graphs
RQ 10: Effect of weight loss programme	Merge files					Repeated /mixed ANOVA	Cleaning output Formatting tables Exporting graphs and tables
Additional Features	Find and Replace	Explore Data Crosstabs					

Before we start...

- Please feel free to ask clarifying questions during demonstrations
- Please do ask for help during the give-it-a-go exercises
- All data are adapted from SPSS example data sets or fabricated
- Please feel free to save the example data on a USB drive so you can use it at home (tip: keep a "master" copy of the original unedited data)

Statistical concepts we will be using

- Mean/Standard Deviation/Variance
- Between- vs Within-Subjects Variables
- Significance level and p-values
- Confidence Intervals
- t-tests
- Correlations
- ANOVAs
- Regressions

Getting started in SPSS

- Using Data in SPSS
 - Import the Import.xlsx file into SPSS
 - Open the Breakfast.sav file in SPSS
- Data vs. Output
 - Take a look at the Data and Output windows
- Variable view
 - In the Variable View of the data file, create a new variable named age
 - Define the variable age as numeric, with 0 decimals, at scale measure

RQ1: Frequency Sweet vs Savoury Breakfast

- · Data set of 31 participants' breakfast consumption over 40 days
- 11 variables: gender, satiety of sweet & savoury breakfast, breakfast units split up by breakfast items: 3 x savoury, 5 x sweet
- Do participants consume predominantly sweet or savoury foods for breakfast?
 - Compute averages sweet vs. savoury foods
 - Compute difference sweet vs. savoury foods
 - Recode difference score into a categorical variable
 - Bar chart: Frequency predominantly sweet vs. savoury foods









RQ1: Frequer Recode variabl	ncy Sweet vs. Savoury Brees: sweet vs. savoury	- A new box will have appeared
Recode into Different Variables: Old and New Value Old Value System-missing System-or user-missing Range: through @ Range, LOWEST through value: -0.0000001 @ Range, value through HIGHEST: @ All other values Continue	New Value ● Value: 1 ● System-missing ● Copy old value(s) ○ Copy old value(s) ○ Ud → New: Lowest thru -0.00000001 -> 1 0.00000001 thru Highest -> 2 △ Add ○ Output variables are strings △ Convert numeric strings to numbers (5'->5) e) Cancel Help	 Select Range, LOWEST through value and enter a negative value close to zero Enter "1" into the box Value in the section New Value and then click Add to confirm this recoding Select Range, value through HIGHEST and enter a positive value close to zero Enter "2" (or any other value but 1) into the box Value and add this recoding to the box Click Continue to get back to the previous dialogue Click OK to start the recoding





 Select Compute Compute Variable Compute Var	RQ2: Breakfast Units Compute variables: sum of breakfast items	
Conversion Conver	Image: Second Construction Image: Second Construction <td< td=""><td> Select Compute Variable from the tab Transform Enter a target variable name Double-click on all breakfast variables to add them to the numeric expression box Enter "+" between the variables to add the values Click OK </td></td<>	 Select Compute Variable from the tab Transform Enter a target variable name Double-click on all breakfast variables to add them to the numeric expression box Enter "+" between the variables to add the values Click OK





- Click OK







RQ3: Effect of Food Types on Satiety
Paired-samples t-test

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Hours of satiety after sweet food on average	2.9806	31	.50360	.09045
	Hours of satiety after savoury food on average	3.5452	31	.56618	.10169

Paired Samples Correlations

				Signifi	cance
		N	Correlation	One-Sided p	Two-Sided p
Pair 1	Hours of satiety after sweet food on average & Hours of satiety after savoury food on average	31	.838	<.001	<.001

- SPSS returns four tables, one with statistics, one with correlation results, one with the test results and one with effect sizes
- The main results are in the third table Paired Samples Test (see next slide)



RQ4: Effect of Gender on Height

- Data set of 104 boys and girls aged 2-9
- 3 variables: Age, Height and Gender
- Height measured in inches
- Is there an effect of gender on height (in cm)?
 - Convert height measurements from inches to centimeters
 - Independent samples t-test













RQ5: Relationship of Age & Height, by gender **Bivariate correlation** Correlations Descriptive Statistics Mean Std. Deviation N Male 108.55 Height_cm 15.263 58 SPSS returns two tables, the first shows descriptive statistics, 58 Age 5.31 2.280 Female Height_cm 115.96 16.266 46 the second presents the correlation results 5.43 2.344 46 Age The tables are split by gender, SPSS returns correlation coefficients for males and females separately Correlations Height_cn The first row Pearson Correlation is the Pearson correlation Gender Height_cm Pearson Correlation .988 Male coefficient, it indicates the direction and strength of the .000 Sig. (2-tailed) 58 58 association Age Pearson Correlation .988 1 The second row Sig. (2-tailed) shows the p-value _ Sig. (2-tailed) .000 58 58 -The third row N shows the sample size for each calculation Female Height_cm Pearson Correlation .994 In this case, we find that the significantly positive -Sig. (2-tailed) .000 association of height and age exists for both boys and girls N 46 46 Pearson Correlation .994 Age Sig. (2-tailed) .000 N 46 46 **. Correlation is significant at the 0.01 level (2-tailed)

RQ5: Relationship of Age & Height, by gender Scatterplot 🔄 Age Height Gender.sav [DataSet3] - IBM SPSS Statistics Data Editor Eile Edit View Data Transform Analyze Graphs Utilities Extensions Window 🛉 📄 🖨 🛄 🗠 🛥 🎬 Chart Builder. ta Chart Build Graphboard Template Chooser. Chart preview uses example data <u>V</u>ariables 日 Element Properties Chart App ple Soatter of Age by Height_o 🖋 Age 🛛 🗞 Gender 🛛 🛷 Hei 🕂 Compare Subgroups Age Gender Height_In Height cr Point1 X-Axis1 (Point1) Y-Axis1 (Point1) Title 1 Legacy Dialogs 0 Filter Variable: Age Age 0 0 0 0 00 No categories (scal 0 Select Chart Builder from the tab Graphs 🔲 Di iisplay <u>e</u>rror bars r Bars Represent 6 Confidence inte Level (%): 95 In the bottom section, choose the _ Standard er category Scatter/Dot in order to see the llery Basic E different scatterplot options 0.5 000 Favorite: Bar Line 0 **s**... Double-click on the simple 6 ρ Area Pie/Po III St scatterplot(top left) Display vertical d ĨĨ р¤ И Scatter/Dr Histogran High-Low Boxplot From the list of variables, drag the 🔲 Total variables age and Height_cm to the chart preview OK Paste Reset Cancel Help Click OK _



RQ6: Association of pain & age, controlling for health Pie Chart

Edit View Data Transform Analyze Graphs Willies Extensions Window Image: State of the state o	Chart Builder	Element Properties Chart Appearance Options Egit Properties of Paralecterizard CoupColor (Paralecterizard) Unable Vanable: Count Cou
Select Chart Builder from the tab Graphs In the bottom section, choose the category <i>Pie/Polar</i> Double-click on the depicted pie chart From the list of variables, drag the variable General health to the chart preview Click OK	For For For Code Code Conception Con	
	OK Paste Reset Cancel Help	



Par	tial Co	rrelatic	n			
Partial Corr	Descriptive S	Statistics				- SPSS returns two tables, the first shows descriptive statistics, the second present
	Mean	Std. Deviation	N			the correlation results
Pain before treat	ment 7.0167	1.46706	60			 The first row of the correlations table
Age in years	54.2333	10.76461	60			shows the correlation coefficient, it
General health	2.3500	.73242	60			indicates the direction and strength of
Control Variables	5	Correlatio	ons	Pain before treatment	Age in years	 the association The second row Significance (2-tailed) shows the p-value
General health	Pain before treat	ment Correlatio	n	1.000	.511	- The third row <i>df</i> shows the sample size fo
		Significan	ce (2-tailed)		.000	each calculation
		df		0	57	
	Age in years	Correlation	n	.511	1.000	 In this case, we find a significant positive
		Significan	ce (2-tailed)	.000	·	relationship between age and pain,
		df		57	0	while controlling for general health







RQ 7: Reaction time to emotional facial expressions Boxplot









RQ 7: Reaction time to emotional facial expressions Linear regression 23 ta Linear Regression Edit Vie Die Edit View Data Transform 👔 . . . Dependent: Statistics ... + Image: 0 뤚 Participant ID (ID) Reaction Time in ms [RT_1] Plots.. Gender [gender] Intensity of Emotion .. RT_1 >= 250 (FILT... Block 1 of 1 near M Save. Next Options. Independent(s): Style. Gender [gender] Intensity of Emotion [intensity] + Bootstrap. Select Linear... under Regression in the Method: Enter 🔻 tab Analyze Linear Regres Selection Variable Add the Reaction Time variable to the Regression Coefficien. Model fit Dependent box and the variables R squared change Estimates Case Labels Gender and Intensity of Emotion to the Confidence intervals Descriptives Level(%): 95 Part and partial correlations Independent variables box WLS Weight: Covariance matrix Collinearity diagnostics -Click on Statistics... and select Decid OK Paste Reset Cancel Help Durbin-Watson Estimates, Confidence Intervals, Model Casewise diagnostics fit and Descriptives, then click O All cases Continue Continue Cancel Help Click OK

RQ 7: Reaction time to emotional facial expressions Linear regression Descriptive Statistics Coefficients^a Model Summary wean Std. Der 857.57 Standar Adjusted R Std. Error of 95.0% C R Square Square the Estin Beta .967^a .936 .935 1134.756 1357.742 65.846 1246.249 121.742 a. Predictors: (Constant), Intensity of Emotion, Gender 175.590 ANOVA Sum of Squares Mean Square đf Regression 8303655.547 2 4151827.773 957.599 .000 Residual 572307 535 132 4335.663 135 Total 8875963.081 134 a. Dependent Variable: Reaction Time in ms b. Predictors: (Constant), Intensity of Emotion, Gender

- SPSS returns several tables, the first shows descriptive statistics, the second presents correlation results, after that the model summary and regression results are listed
- The first row of the ANOVA table shows whether the overall regression is significant
- The second row and third row of the Coefficients table show the results for the two predictors, the Standardized Coefficients Beta indicates direction and strength of the effect
- In this case, we find that the overall model is significant. Moreover, both gender and intensity of emotion significantly predict reaction time

RQ 8: Effect of supermarket promotion on sales

- Data from 133 supermarkets, effect of supermarket promotion on sales
- 3 promotion conditions: control, price reduction, price reduction + advertisement
- 2 variables: condition of promotion, average daily sale
- Did the two types of promotion have an effect on sales?
 - Duplicate cases
 - One-way ANOVA: Did the two types of promotion have an effect on sales?